

QUARTERLY NEWSLETTER | FEBRUARY 2021

www.railwaycu.com

# SENIOR Express Club

#### Hello Seniors!!

Hope your 2021 is off to a great start! The staff at RCU would like to thank you for being valued members of the Senior Express Club. We have been busy planning events around COVID guidelines to ensure your health and safety comes first. We are hopeful the health climate will improve in the near future.

We want you to stay updated. 'Like' our Facebook page and make sure we have your current email address so you can get updates on RCU and Senior Express Club.

Our lobbies are open and our staff is ready to see you again!



J W P X A B V D E T W Q D EVOUNBLQUWHLIER

valentine

happy

chocolate

**love** 

candy

**pink** 

card

red

cupcake

teddy

heart

valentine's day



1006 E Main St

701-667-9500

Monday-Friday 8:30am - 4:30pm Drive-Up 7:30am - 5:30pm

**BISMARCK OFFICE** 112 S 24th Street

701-222-8736

Monday-Friday 8:30am - 4:30pm Drive-Up 7:30am - 5:30pm









### **Chicken Stew**



#### **INGREDIENTS**

- 2 tsp. butter
- 2 large carrots, peeled and sliced into coins
- 1 stalk celery, chopped
- Kosher salt

Freshly ground black pepper

- 3 cloves garlic, minced
- 1 tbsp. all purpose flour
- 1 1/2 lb. boneless skinless chicken breasts
- 3 sprigs fresh thyme
- 1 bay leaf
- 3/4 lb. baby potatoes, quartered
- 3 c. low-sodium chicken broth
- Freshly chopped parsley for garnish

#### **DIRECTIONS**

- 1. In large pot over medium heat, melt butter. Add carrots and celery and season with salt and pepper. Cook, stirring often, until vegetables are tender, about 5 minutes. Add garlic and cook until fragrant, about 30 seconds.
- Add flour and stir until vegetables are coated, add chicken, thyme, bay leaf, potatoes, and broth. Season with salt and pepper. Bring mixture to a simmer and cook until chicken is no longer pink and potatoes are tender, 15 minutes.
- 3. Remove from heat and transfer chicken to a medium bowl. Using two forks, shred chicken into small pieces and return to pot.
- **4.** Garnish with parsley before serving. Enjoy!

### Dear valued Express Club Members,

Last year was a record year for your credit union, for many reasons, but probably the biggest was not getting to celebrate a single event with our favorite Seniors! While we are unsure what the remainder of 2021 brings for our in-person events, we have some fun activities and surprises up our sleeves. Don't forget to check your mail and email for upcoming fun and games! Don't already receive our emails? Contact Aurora at 701-557-7151 to be sure you are in the know!

As always, thanks for being part of our special Railway Credit Union Senior Express Club! RCU Senior Club Committee



1006 E Main St Mandan, ND 58554 www.railwaycu.com

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## MARK YOUR CALENDARS 67<sup>TH</sup> Annual Meeting - Condensed

Please join us Thursday, April 15th, 2021 at the Baymont Inn & Suites in Mandan.

Due to COVID protections there will be no meal, social or prize giveaways. Doors will not open before 6:15pm and limited seating will be available. Meeting will begin at 6:30pm and be completed by 7:00pm. Seating will be social distanced and face-masks are required. Call 701-667-9500 to RSVP by Friday, April

9th. \*COVID restrictions may apply

There will be an election for the following positions: Board of Directors - 1 Credit Committee - 1

Please contact this year's nomination committee if you know any individuals that would serve well in these positions:

Loren Wetch 220-2026 | Ellen Forderer 226-7524 | Terry Bragg 426-9371 | Todd VanOrman 391-3964



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